

Psychospiritual Therapy Education at Community Counselling London

Currently, the Thursday group supervision day is happening virtually by Zoom video conferencing. We do offer in-person counselling sessions in addition to sessions by video or phone. All therapist interns must be able to provide in-person therapy to clients a minimum of one day a week. Any exceptions must be discussed with Alida.

PLEASE NOTE: The Community Counselling London (CCL) Psychospiritual Therapy Education Internship is affiliated directly with those institutions of higher education that have a signed affiliation agreement with the Centre—currently Martin Luther University College (MLUC), Knox College (Toronto School of Theology), Emmanuel College (Toronto School of Theology) and Huron University College (Western University). If conditionally accepted into the PTE program at the Centre, all students are required to be a registered student at an affiliated institution. A completed Bachelor's degree from an accredited institution is required for application. Acceptance in the PTE program at the Centre is contingent upon successful registration with an affiliated academic institution. Please connect directly with the registrar at the respective academic institution to ensure that you are able to enroll in your desired internship at CCL.

Program Affiliation/Accreditation

Psychospiritual Therapy Education (PTE) at the Community Counselling London is approved through the Canadian Association for Spiritual Care/Association canadienne de soins spirituels (CASC/ACSS). The Centre upholds the standards of CASC/ACSS and has been approved to educate students based on the competencies, standards, scope of practice, and code of ethics of CASC/ACSS (www.spiritualcare.ca). The program is also affiliated with Martin Luther University College (MLUC), Knox College, Emmanuel College and Huron University College and jointly adheres to the values and policies of MLUC, Knox College, Emmanuel College, Huron University College and CASC/ACSS.

Location

Community Counselling London is a counselling centre currently using space in Good News Christian Reformed Church in East London, Ontario. Community Counselling Exeter is a program run by Community Counselling London in Exeter, ON.

Please see website for dates of the course. <https://www.cclondon.ca/internships>

The course runs for a total of 15 -20 hours each week, with Thursdays being the group supervision day and flexibility of counselling hours to be completed at the Centre depending on the students' schedules. Distance education options may be available. However, **priority will be given to students who are able to provide in-person counselling hours to clients at the Community Counselling London at the London or Exeter locations.** As per CASC/ACSS standards, the course involves at least 400 hours of psychospiritual therapy learning, with 125 - 200 hours being dedicated to direct client contact and 200 – 275 hours dedicated to didactics and group supervision.

Application Deadlines: Aug 1 for Jan – Aug (Winter/Spring terms), Jan 1 for May – Dec (Spring/Fall terms) and April 1 for Sept – April (Fall/Winter terms). *Please note that applications will be accepted until the internships are full. Please email alida@cclondon.ca with inquiries about internships.

Our Spiritually Integrated Approach to Client Care

The supervisor-educator's approach to Psychospiritual Therapy Education is a multi-faith approach using spiritually-integrated humanistic therapies that are person-centered and inclusive of all faiths and traditions. Therapeutic modalities include emotion-oriented approaches, crisis response models, solution-focused therapy, Rogerian Person-Centered Therapy, and meaning-centred therapy. These approaches are demonstrated and applied in practice counselling scenarios, group supervision and feedback in both verbatim case studies and supervision.

Program Description

Psychospiritual Therapy Education (PTE—formerly called PCE) is an adult-education/group-learning approach to psychospiritual therapy focusing on clinical practice, self-awareness and interfaith response. Each student completes the required Psychospiritual Therapy Education application process and interview, participation agreement, and orientation with CCCL together with a successful application process through one of the affiliated academic institutions.

A Summary of Assignments and Expectations

- 6 Reflection Reports (Regular self-reflection including safe and effective use of self (SEUS), self-awareness, learning goals, and competency integration)
- 6 Clinical Reports focusing on clinical visits and case studies (Including 4 Verbatim Case Presentations, 1 Theological/Spiritual Reflection Case Presentation, 1 Ethics Case Presentation prepared and presented to the group, a mid-unit evaluation and a final evaluation)
- At least 15 hours of individual supervision set up through a contract with the supervisor
- Direct Client Contact Hours (8-10 hours per week) with flexibility that these hours can be completed when the Centre is open.
- 125 – 200 direct client contact hours (number of hours is reflective of level of CASC/ACSS training)
- At least 70 hours of Group Supervision which includes structured verbatim/case studies/group processes/interpersonal relations group including practice counselling and debriefing of client visits which will occur consistently on Tuesdays.
- 45 hours of formal didactic content occurring in 90 minute sessions each Thursday group supervision day.
- 50 hours of spiritual reflection/independent study/research.

Prerequisites needed for Consideration

- Completed CCL Application Form with Attached Essays
- 2 Completed Reference Forms
- Ability to become registered as a graduate student at an affiliated institution.

If offered a conditional acceptance into the PTE internship, the following is required to start the course: CASC/ACSS requires that all students registered for an Psychospiritual Therapy Education internship at CCCL must be members. Verification of membership is required before beginning the course. A vulnerable sector police record check is required before the beginning of the course.

Financial requirements

Upon official acceptance at both CCCL and the affiliated academic institution (Martin Luther University College, Knox College, Emmanuel College or Huron University College), all tuition for the course is paid directly to the institution where the student is registered. Please see the university's website for the application process and costs.

2 Stage Application Process

Stage 1 (CCL)

- Complete and send the CCL PTE application form along with reflective essays to Alida van Dijk alida@cclondon.ca
- Ensure all reference forms are emailed and returned to Alida van Dijk, alida@cclondon.ca
- After the application deadline, candidates selected for interviews will be contacted for an interview with the Supervisor-Educators at Community Counselling London. (Only qualified candidates will be offered an interview.)
- Following the interview process, successful candidates will be provided with a conditional acceptance contingent on the candidate's ability to provide a vulnerable sector police record check.
- While completing the above Stage 1 requirements, the candidate must then begin application to an affiliated academic institution (Martin Luther University College, Knox College, Emmanuel College or Huron University College) and begin Stage 2 of the process.

Stage 2 (Register in SPE course at Academic Institution)

- Once you have received a conditional offer of acceptance in the Psychospiritual Therapy Education course at CCL, register as a graduate student at an affiliated institution.

For information regarding registering in this PTE course at Emmanuel College, please contact Nazila Isgandarova, nazila.isgandarova@utoronto.ca



EMMANUEL COLLEGE
OF VICTORIA UNIVERSITY IN
THE UNIVERSITY OF TORONTO

For information regarding registering in this PTE course at Knox College, please contact Angela Schmidt, angela.schmidt@utoronto.ca



KNOX COLLEGE

For information regarding registering in General Graduate Studies at **Huron University College**, please contact Michael Bodkin, michael.bodkin@huron.uwo.ca



For registering at Martin Luther University College, follow instructions below.



Martin
LUTHER
UNIVERSITY COLLEGE

Federated with
Wilfrid Laurier
University

- If not a registered student at an affiliated academic institution, application is submitted to General Graduate Studies at MLUC before the deadline set by MLUC: <https://www.wlu.ca/admissions-toolkits/graduate-admissions-toolkit/step-1-applying/general-graduate-student-non-degree-seeking.html>
- Create account and submit: https://www.ouac.on.ca/apply/wlucgrad/en_CA/user/login

- Upon receiving an offer of admission, applicants will be given a deadline to provide the Faculty of Graduate and Postdoctoral Studies office with their official transcripts. It is the student's responsibility to have their previous academic institutions mail their official transcripts directly to the Faculty of Graduate and Postdoctoral Studies office. Transcripts should be to be mailed to: Faculty of Graduate and Postdoctoral Studies; Wilfrid Laurier University; 75 University Avenue West; Waterloo, Ontario, Canada, N2L 3C5

Contact **LEX BURGOYNE** (they/them)

Academic & Administrative Coordinator

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