



Psychospiritual Therapy Education Community Counselling London

Supervised Psychospiritual Education (SPE) is an experience-based learning in spiritually-integrated therapy with focus on the practice of psycho-spiritual therapy and spiritual caregiving under supervision and with concentrated self-reflection. This dynamic and integrative education is designed to equip individuals both internally (through development of self-awareness, professional identity, and the safe and effective use of self) and externally (through therapeutic skills and competencies for providing therapy and spiritual care). For more information go to the Canadian Association for Spiritual Care/Association canadienne de soins spirituels (CASC/ACSS) webpage: <https://www.spiritualcare.ca/faq-education.html>

Community Counselling London (CCL), Ontario is a Teaching Centre that received CASC/ACSS program approval in March 2019. CCL was established with a dual purpose and vision: 1) to provide affordable quality therapy to people who live in the London and Middlesex region; and 2) to utilize the counselling skills of therapy interns who will receive quality training, practical clinical experience and supervision in an internship program approved by CASC/ACSS.

All teaching and group work will occur virtually via Zoom video conferencing every **Thursday**. Currently, these Thursday group supervision days are offered via Zoom video conferencing.

Students will be expected to complete 8-10 direct client contact hours per week in order to accumulate the required number of clinical hours to successfully complete the unit. Client sessions are offered virtually either by phone or video or in-person at Community Counselling London located at Good News Church, 476 Clarke Road, London, Ontario or our satellite program called Community Counselling Exeter in Exeter, Ontario.

Distance Education: Students wanting to take a CASC/ACSS SPE unit by distance education are welcome to apply, though **priority will be given to students who are able to do their clinical placement hours at either the London or Exeter locations**. Distance education students can participate in offering clinical placement hours at the Centre virtually from wherever they are geographically located. Individual and dyadic supervision will take place via Zoom video conferencing.

Unique Aspects to this SPE Unit:

- Basic and Advanced students are welcome.
- Opportunities for students to lead specific topical workshops and psychoeducation evenings to targeted groups (for example, parents, church members).
- Opportunity to be introduced to somatically-oriented therapy.
- Affiliated with Martin Luther University College, Knox College, Emmanuel College and Huron University College. (SPE is taken for two course credits, fees paid directly to the academic institution). **Please note that Emmanuel College students need to check with their registrar as they may only be able to register for an internship that occurs during the Fall and Winter terms (September through April).**
- This SPE unit is part-time, 15-20 hours a week for approximately 30-32 weeks.



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Supervisory Team:

Alida van Dijk, PhD, RP, Certified Supervisor-Educator, PTE and CPE (CASC/ACSS)

Gord Alton, MDiv, RP, Certified Supervisor-Educator, PTE (CASC/ACSS)

Patricia Berendsen, RMFT, MSW, RP, SEP, OAMFT/AAMFT/RP Approved Supervisor

Applications submitted electronically with required papers and references need to be received by the application deadline. If it is past the deadline, please email alida@cclondon.ca to inquire if there are any open spots available.

Only qualified candidates will be contacted for an interview.
For more information contact Alida at alida@cclondon.ca or 226-667-3704.

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