

## Psychospiritual Therapy Education (formerly known as PCE) Community Counselling Centre of London September 5, 2024 - April 24, 2025

**Supervised Psychospiritual Education (SPE)** is an experience-based learning in spiritually-integrated therapy with focus on the practice of psychospiritual therapy and spiritual care giving under supervision and with concentrated self-reflection. This dynamic and integrative education is designed to equip individuals both internally (through development of self-awareness, professional identity, and the safe and effective use of self) and externally (through therapeutic skills and competencies for providing therapy and spiritual care). For more information go to the Canadian Association for Spiritual Care/Association canadienne de soins spirituels (CASC/ACSS) web page:https://www.spiritualcare.ca/overview.html

The Community Counselling Centre of London, Ontario is a Teaching Centre that received CASC/ACSS program approval in March 2019. The Community Counselling Centre of London (CCCL) was established with a dual purpose and vision: 1) to provide affordable quality therapy to people who live in the London and Middlesex region; and 2) to utilize the counselling skills of therapy interns who will receive quality training, practical clinical experience and supervision in an internship program approved by CASC/ACSS.

All teaching and group work will occur virtually via Zoom video conferencing every Thursday.

Students will be expected to complete 6-8 direct client contact hours per week in order to accumulate the required number of clinical hours to successfully complete the unit. Client sessions are offered virtually either by phone or video or in-person at the Community Counselling Centre of London located at Good News Church, 476 Clarke Road, London, Ontario or our satellite office located in Exeter BIA at 303 Main St. Exeter, ON.

Distance Education: Students wanting to take a CASC/ACSS SPE unit by distance education are welcome to apply, though **priority will be given to students who are able to do their clinical placement hours in person at either the London or Exeter locations**. Distance education students can participate in offering clinical placement hours at the Centre virtually from wherever they are geographically located. Individual and dyadic supervision will take place via Zoom video conferencing.

## Unique Aspects to this SPE Unit:

- Basic and Advanced students are welcome.
- Opportunities for students to lead specific topical workshops and psycho-education evenings to targeted groups (for example, parents, church members).
- Opportunity to be introduced to somatically-oriented therapy.
- Affiliated with Martin Luther University College, Knox College and Emmanuel College (SPE is taken for two course credits, fees paid directly to the academic institution). Please note that Emmanuel College students need to check with their registrar as they may only be able to register for an internship that occurs during the Fall and Winter terms (September through April).
- This SPE unit is part-time, 15 hours a week for 32 weeks.



## Supervisory Team:

Alida van Dijk, PhD, RP, Certified Supervisor-Educator, PTE, CPE (CASC/ACSS)
Gord Alton, MDiv, RP, Certified Supervisor-Educator, PTE, CPE (CASC/ACSS)
Patricia Berendsen, RMFT, MSW, RP, SEP, OAMFT/AAMFT/RP Approved Supervisor

Applications submitted electronically with required papers and references need to be received by **April 1 2024**, Qualified candidates will be interviewed in April 2024 to confirm their placement.

For more information contact Lynn at admin@cclondon.ca or 226-667-6767.